

RICE

Serves 2 – 3 people

INGREDIENTS:

Rice - 1 cup

Water - 2 cups

Salt - 1/4 tbsp

Vegetable Oil - 1/4 tbsp

Garlic - 1 clove

INSTRUCTIONS:

STEP 1:

Rinse rice well.

TIP (Save water for facial cleanse)

STEP 2:

Mix all the ingredients in a pot.

Cook on high until boiling.

Bring to a simmer for 18min.

Turn off and keep covered for an additional 5-10 min.

PRO TIP: Keep the lid on during the entire process.

STEP 3:

Open the pot, stir the rice, and serve.

ENJOY! STAY TUNED FOR FUTURE RECIPES!